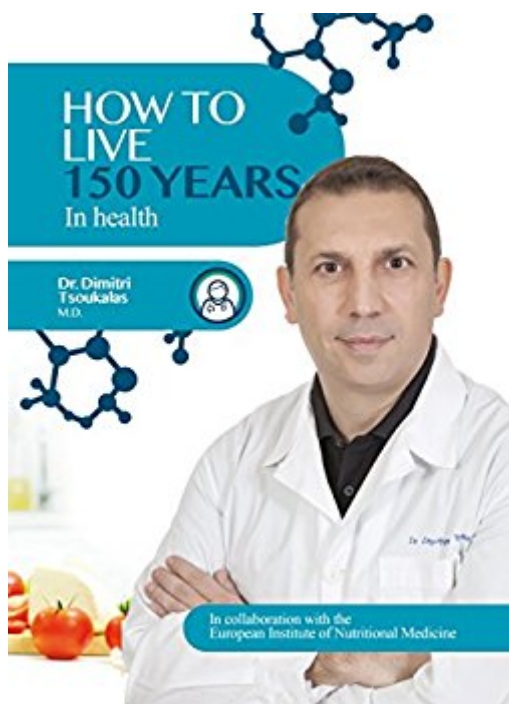


The book was found

How To Live 150 Years In Health



Synopsis

Improve your health and longevity thanks to the new science of Metabolomics. In this book: common questions about how to increase your energy, overcome stress, prevent disease or improve my health are effectively answered in a way that can be applied in everyday life. E.I.Nu.M. Organization that brings together doctors, nutritionists, health scientists and practitioners for the advancement of Nutritional Medicine. E.I.Nu.M.'s purpose is to disseminate to the general public the progress of medicine in the fields of nutrition and Metabolomics through the use of modern training technologies. - How can you live a long and healthy life? - How can you reach the full potential of your body? - What is the true cause of disease? - Which are the foods that are right for you? Dr. Dimitris Tsoukalas, M.D. Specializes in chronic diseases and metabolic disorders. He has been the first MD in Europe that applied Metabolomics in large clinical scale. He is President of the E.I.Nu.M. (European Institute of Nutritional Medicine) and Professor of the first online course of Nutritional Medicine based on Metabolomics. In collaboration with the European Institute of Nutritional Medicine - www.einum.org

Book Information

File Size: 5071 KB

Print Length: 186 pages

Publisher: Dr. Dimitris Tsoukalas (January 15, 2015)

Publication Date: January 15, 2015

Sold by: Digital Services LLC

Language: English

ASIN: B00SADUUUE

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Not Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #309,671 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #18

in Kindle Store > Kindle eBooks > Medical eBooks > Internal Medicine > Oncology >

Chemotherapy #41 in Kindle Store > Kindle eBooks > Medical eBooks > Specialties > Preventive

Medicine #51 in Kindle Store > Kindle eBooks > Medical eBooks > Research

Customer Reviews

I really like this book as it gives a lot of answers and is very logical. Dr. Tsoukalas has simple answers to seemingly complicated questions! The only question is, if you don't have the fund to buy every week and month all the vitamins and minerals that you are lacking, what do you do?

[Download to continue reading...](#)

Drop 14 Pounds in 3 Weeks (2nd Edition): Lose Weight, Feel Great, and Live Healthy: Effective Tips to Burn Fat, Get Stronger, and Boost Energy (Live Lean, Live Healthy, Live Happy) How to Live 150 Years in health Juice Up Your Life - Juicing Made Easy Guide And Tips, Live Healthy, Live Better, Live Longer! (Juicing Guide, Juicing Recipes) My First Bilingual Book–A Day (English–Vietnamese) Daily Word Ladders: Grades 1–2: 150+ Reproducible Word Study Lessons That Help Kids Boost Reading, Vocabulary, Spelling and Phonics Skills! Ford Pick-ups 1997 thru 2003 & Expedition 1997 thru 2014: Full-size, F-150 & F-250, Gasoline Engines - Includes Lincoln Navigator and F-150 Heritage (Haynes Repair Manual) The Ultimate Guide to Sex After Fifty: How to Maintain – or Regain – a Spicy, Satisfying Sex Life Fatasticas ilusiones opticas / Fantastic optical illusions: Alrededor De 150 Imagenes Con Trucos Visuales Y Puzles Opticos / About 150 Images With Visual Tricks and Optical Puzzles (Spanish Edition) My First Bilingual Book–Colours (English–Italian) Flourish: Live Free, Live Loved How To Stream Video Live 2016: Expand Your Reach In Minutes With Live Video Through Facebook, YouTube, Periscope, Livestream, Meerkat And More - Even If You Hate Being On Camera Live Streaming Excellence: How to Launch a Thriving Business Streaming Live Events! The Liver Cleansing Diet: Love Your Live and Live Longer Live Your Life, Not Your Diagnosis: How to Manage Stress and Live Well with Multiple Sclerosis Elk/venado: S That Live in the Mountains = Animales De Las Montanas (Animals That Live in the Mountains/Animales De Las Montanas) (Spanish Edition) Live From New York: The Complete, Uncensored History of Saturday Night Live as Told by Its Stars, Writers, and Guests Sixto Diaz Rodriguez's Philosophy: Rodriguez's eBook Guide to Happiness (How to Live Before Dying, How to Live Before You Die; Leadership for our Times) A Year to Live: How to Live This Year as If It Were Your Last The Official Price Guide to Pop Culture Memorabilia: 150 Years of Character Toys & Collectibles Star Trek Federation: The First 150 Years

[Dmca](#)